

TATHRA WHARF TO WAVES RACE RULES AND SWIMMER INSTRUCTIONS

Race Rules

No extraneous aids are allowed unless approved by the Race Director prior to close of entries. This includes, but is not limited to fins, boards, snorkels, floatation gear and personal support teams. Goggles and rash shirts are allowed and are recommended. Wetsuits are permitted.

Swimmers will be required to have an official swim cap and an official race number on their arm and/or leg, which must remain on the individual throughout the event

Organisers reserve the right to accept, reject and cancel entries.

Swimmers must swim the course as marked. Any variation to the course will be announced by the Race Director at the Pre-Race Briefing.

Swimmers who cross the start line before the official start, or do not go around the correct bouys, will be liable for disqualification.

Protests must be made in writing and given to the Race Director within fifteen minutes of the announcement of the provisional results. All decisions of the Race Director will be final. A non-refundable protest fee of \$70.00 will be payable.

Race officials shall have the authority to remove a competitor from the race if the competitor is judged to be incapable of continuing the race.

Swimmer Instructions

- Pre-Race Briefing ALL swimmers must attend a pre-race briefing given by the Race Director. This briefing will take place on the sand in front of the Tathra Surf Life Saving Club at approximately 8.30am on the morning of the swim.
- Marshalling **You must marshal at the Tathra Wharf – please leave yourself plenty of time to get to the wharf. (We request you park at the headland.) A shuttle service between the Wharf and the Surf Club will be available from 8.30 am.**
- Each division will be called once over the microphone at the beach (30 minutes before the race start) and by megaphone at the wharf (10 minutes before scheduled race start). Swimmers should make their way to the cordoned off area (**Start Area**) on the wharf as soon as their division called.
- Your Gear To have your gear transported back to the finish, place it your bag and put it in the age appropriate receptacle at the top of the stairs at the wharf. It will be transported back to the finish by your age group leader and be available in the finish area.
- The Start At the direction of the Wharf Marshal, swim groups will enter the water via the platform and then swim to the starting line. Swimmers will not be permitted to enter the water from anywhere else on the wharf or the rocks.
- The Course Carefully read the map and take note of the different courses for 600 metres (dashed line) and 1200 metres swim (solid line). Take into consideration any variations, given to you by the Race Director at the Pre-Race Briefing.
- The Finish As you cross the finish line, ensure that the judges can see your official race number. The bunting will funnel you past the judges/recorders table. Your time will be noted (please pay attention to any instructions by officials at this time).
- Safety To ensure swimmer safety the Tathra Surf Lifesaving Club will maintain a high presence in the water. If you require help do not hesitate to call an Inflatable Rescue Boat (IRB), surf ski or board rider for assistance by raising your arm. Medical personnel will be in attendance if you require medical or first aid assistance. Your cooperation would be appreciated if you are 'invited' into the medical area. Please notify the Beach Marshal that you have not completed the race.
- Presentations The presentations will take place as soon as practicable after the completion of the final swim, and the results will be published in the local newspapers and on our website – www.tathrawharf2waves.com.au